^ Kundalini Protocol ^ This is the Public Access Material ... This is shit is very dangerous ... I am not responsible for your Kundalini Detox Hospitalization ... WARNING / CAUTION / ATTENTION Disclaimer PSA: Not For MISUSE To be done with Multi Day Fasting ... If you swallow bark = Blood Poison Chew 1 tsp Lemongrass (Do Not Swallow) clean with paper towel in Garbage Disposal, get 17 oz Mug with Distilled H2O Realemon/Realime or Baking Soda 1tsp added, trace 2 tsp of Oragano Leaves or Thyme Leaves with the H2O, Blow nose Violently in paper towel, Drink 12 oz Mug of Ones Own Urine, Tapping EFT on Head/Shoulders for 10 min, lay flat in Sub Pine Position on Hardwood Floor as a Yoga Pose for 10 min. After Yoga Pose get up swift and do a Nazi Salute with Right Hand flat protruding outward not sideways. Retards sometimes do it sideways ...